

PATIENT INSTRUCTIONS FOR SPINAL BRACES CUSTOM MADE

The practitioners and staff of ABC Prosthetics and Orthotics have taken great effort to achieve the best possible fit of your new Custom Molded Spinal Brace. The term, CUSTOM MOLDED, means that this brace was made specifically for you and that they will not fit anyone else properly.

While Custom Molded Braces should fit reasonably comfortably at first, there is a “break-in period”, and therefore some precautions and procedures that you must follow. All braces should be worn over a snug fitting cotton T-shirt, with **NO BUTTONS!**

If at anytime your new brace causes pain or irritation, please call ABC Prosthetics and Orthotics and arrange for a professional to make necessary adjustments. **DO NOT, I REPEAT, DO NOT** attempt to make alterations or adjustments. Leave it to the trained professionals at ABC Prosthetics and Orthotics, and there is no additional cost for adjustments, unless you alter or modify the brace yourself or allow someone other than the ABC Prosthetics and Orthotics professionals to make adjustments.

Do's

Wear your brace as prescribed by your Physician.

Always put your Brace on while standing or lying flat on your back.

Always wear a snug fitting cotton T-shirt under your brace.

Check Daily for areas of irritation.

Call ABC Prosthetics and Orthotics your if you have any problems with your brace.

Don'ts

Do Not attempt to modify or alter your Brace.

Do Not Modify your Brace

Do Not Alter your Brace

Do Not add padding

Do not Modify, Alter, Change Brace in any way

