

## PATIENT INSTRUCTIONS FOR CUSTOM FIT BRACES

The practitioners and staff of ABC Prosthetics and Orthotics have taken great effort to achieve the best possible fit of your new Custom Fit Brace. The term, CUSTOM Fit, means that this brace was fit and adjusted specifically for you and that they will not fit anyone else properly.

While Custom Fit Braces should be reasonably comfortably at first, there is a “break-in period”, and therefore some precautions and procedures that you must follow. All braces should be worn as prescribed by your Physician and instructed by you ABC Prosthetics and Orthotics Professional.

If at anytime your new brace causes pain or irritation, please call ABC Prosthetics and Orthotics and arrange for a professional to make necessary adjustments. **DO NOT, I REPEAT, DO NOT** attempt to make any alterations or adjustments. Leave it to the trained professionals at ABC Prosthetics and Orthotics, and remember, there is no additional cost for adjustments, unless you alter or modify the brace yourself or allow someone other than the ABC Prosthetics and Orthotics professionals to make adjustments.

### Do's

Always wear your Brace as Prescribed by your Physician

Always wear your brace as Instructed by your ABC Prosthetics and Orthotics Professional

Always Call ABC Prosthetics and Orthotics For adjustments.

### Don'ts

Don't attempt to modify your Brace

Don't add padding to your Brace

Don't alter your Brace